

Mardle



No 232

April - May 2020

Wreningham

Village Hall

Hi all and hope you are keeping safe and well.

Regrettably the Village Hall is now closed until we get clear advice that we can re-open safely. The closure applies to both the events we schedule directly and all bookings. We will of course be issuing refunds for all bookings.

Please see the Wreningham.org website and our Facebook page for further updates.

Our thoughts now turn to what we can do to support the village through these difficult times. We shall shortly be delivering a card for you to complete if you can either volunteer to help, or if you need help for whatever reason. For example if you are isolating and need shopping, or if you need medicine fetching, or if you just need someone to talk to. Please see page 8.

The Parish council is coordinating offers centrally, but if you need or can offer help please give me a call on 01508 481700 and let us know your details, what you need or what help you can offer. Leave a message if we do not pick up immediately.

I have always thought this village was a great place to live, and now more than ever we will need to pull

Wreningham

Village Hall

Charity No

284991

as a community, but it goes without saying that we will do so.

As a sign of hope some villagers are planning to put rainbows on display which will brighten up walks around the village when we cannot interact as much as we are used to. I am not much of an artist, but I will have a go.

I am looking forward to a sizeable party when all of this is over.

Keep Well

Ian

All Saints Church, Wreningham

By the time you read this we hope that spring will be well in evidence and people will be working in their gardens. If you have plants surplus to requirement, please pot them up ready for the plant sale on Sat. 16th May. We are hoping that this annual event will still go ahead but if not then we will be able to sell plants at the gate over the spring/early summer.

Unfortunately, the builder who is to do the work on the East Wall of the church is one of the people who has been in “lockdown” in a hotel abroad and we are still waiting for a start date for the work. Hopefully, we will not have too long to wait before the job is started.

We were pleased to welcome those who came to the “Lent Lunch” in the village hall on 27th February which raised £130.00 for St Martins’ Trust.

At the moment all church services have been suspended but as long as we can, we will keep the church unlocked during the day so that anybody who wishes to visit and spend quite time there in this very

difficult time will be welcome to drop in.

On behalf of the church – our hope is that you all stay fit and healthy.

Christine Minns, Churchwarden

Benefice Plant Sale

Please pot up plants ready for the plant sale on Sat. 16th May, at the car park at All Saints, Wreningham. If we are unable to run this annual event then we will sell plants outside my gate over the spring season and probably other people will offer to sell them for us as well. This has always been a valuable fund raising event for us as well as being a good opportunity to get plants at a reasonable price for the garden. Enjoy your garden, pot up your surplus and watch out for details of who and where we are collecting and selling.

Wreningham Heritage Group

Sadly the Wreningham Heritage Group exhibition, Tales and Trails, will be postponed from its advertised dates of 8th-9th May, due to the restrictions now in place relating to Covid-19. At the moment we do not know how long these will apply but be assured we will announce a new exhibition date as soon as possible. Hopefully we can create an even bigger and better event at that time to celebrate getting back to normal.

Meanwhile a little good news: if you want to find something to keep yourselves and the family occupied, in the open air and around the village, send an email to info@wreninghamheritage.org via our website of that name and we will send you instructions on how to participate in the "Trails" part of our exhibition title. Good hunting!"

**ANNUAL LITTER PICK
SUNDAY 26TH APRIL**



Help to tidy your village.

Meet at Village Hall 10 am.

***** Subject to change *****

Wreningham Parish Council

Clerk: Nicky Allen 01508 481986 / clerk.wpc@gmail.com

Many in the village are taking precautions regarding the coronavirus pandemic. Covid-19 is not ordinary flu, but something much more serious and very easily caught. We all know the reality of Covid-19 and how quickly the situation can change. There are simple actions we can take to reduce the risk to ourselves and to others.

Within the village we are working to ease the situation for those who are “self-isolating” because of their age, underlying health issues or as a result of experiencing flu-like symptoms. The village website carries links to useful sites which provide information for the public. This Mardle provides some basic information to remind people about the simple steps to protect themselves and those they may come into contact with. Several villagers are already keeping an eye on friends, family and neighbours. Volunteers have identified themselves as being ready to help as and when requested. What is being created is a community response to help villagers as needed. However this is not a replacement for the emergency services. Several volunteers can only offer telephone or email support, as they themselves fall into the at-risk category.

The 10th March meeting of the Parish Council may be the last one for a while; keep an eye on the website or noticeboards for information about the next meeting. Jon Moon has resigned as a Councillor due to pressure of work. Thank you Jon for volunteering your time and energy to the community. We are sorry to see Jon leave but, looking forward to our next meeting where we hope to see new Councillors come forward to fill our two vacancies.

Wishing you all good health and safe delivery from this pandemic.

Michael Hill, Chair, WPC

Coronavirus (Covid-19)

You will be aware that Covid-19 is spreading steadily throughout the world. There have been a number of infections on the Continent and a few in this country. As yet, there are no reported cases in South Norfolk. However, as we well know the situation could change very quickly.

This leaflet is designed to provide basic information and some practical tips.

Symptoms

The symptoms are flu-like and can range from very mild to quite serious. After an incubation period of two weeks, an infectious period will exist whilst the flu-like symptoms are apparent. For 99% of all those infected, the infection will pass and you will get better.

Precautions

- Good **hand hygiene** – keep your hands and lower arms clean. Washing hands properly is a **20 second task** – you need to ensure that every part of your skin is well cleaned. Soap and warm water is best for this. Use sanitiser gel if soap and water are not available.
- Wash hands **frequently**.
- **Avoid touching** your nose, mouth, and eyes – this is how the virus gains access to your body.
- **Avoid touching** any surface which others may have touched.

Reporting

If you believe you have the symptoms **DIAL 111**, they will take you through a protocol designed to identify infected individuals. They will advise on any testing necessary.

DO NOT call 999.

DO NOT visit your surgery – if you need medical support for this or other conditions, contact your surgery through your normal contact approaches (phone, e-mail, etc.)

Confirmation of Infection

If you are found to be infected, the medical staff will advise what you need to do next.

Family, friends and neighbours may be willing to help by running errands (for food, medicines, etc.) but do not invite them in – ask them to leave anything on the doorstep.

Other information

Public Health England websites¹ carry a significant amount of advice, guidance and current information. If you have no access to a computer, ask a friend or neighbour to help.

1 <https://www.gov.uk/government/organisations/public-health-england>

Wreningham Covid-19 Community Support

A recent e-mail survey identified residents who are volunteering to respond to calls for assistance. These calls may be for a chat (by phone, e-mail or social media), to collect medication, to obtain a few items from a shop, to post cards, etc. A more urgent request may be referred to the emergency services.

Note we, and you, would not expect a volunteer to expose themselves to increased risk from infection. Hence any personal visit will be undertaken with suitable precautions. For example volunteers will leave items collected for you on your doorstep.

In a short time a volunteer will be delivering cards in your street. These will introduce the contact(s) for your street and provide telephone and email details. Please use this to let them know what assistance you may need and when. They will get in touch with you.

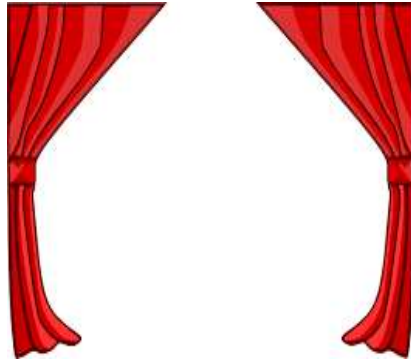
We hope to issue cards which can be placed in a window to attract attention from passers-by. Volunteers will keep an eye out for these and get someone to contact you.

If you have any questions about this scheme, please contact:

- Dr Tony Wright on 01508 489454

or

- Michael Hill on 01508 488 7379



Ashwren

A sad, nostalgic but fun evening was shared by past and current Ashwren members on Sunday 1st March as we closed the final curtain on our local drama group. Ashwren has been in existence for over 50 years and over that time has entertained audiences with plays and latterly, pantomimes, often written by group members. We had the opportunity to catch up, remember shows, laugh at photographs and finally sing together in one final curtain-call.

Hopefully that won't be for the last time. If anyone has the desire to resurrect this popular group, go for it! There is talent in Wreningham and other local villages. It would be shame not to use it.

All residual funds from the group have been donated to 7 local charities chosen by members and we thank the various charities who have helped us hone our performance by sitting through dress rehearsals.

Many thanks to all our supporters – on stage, back stage, in the community and in the audience – who have given so much time and skill to making our shows so successful.

Val Keel

Chairman

Recycling News

I recently gave a talk to 1st Wymondham Adventurer Scouts about recycling and they had a great time sorting a mountain of plastic. Many thanks to Helen, Ian & Tim (and the scouts) for their hospitality and the opportunity to spread the word.

I've also been asked to speak to NCC with a view to talking to children too so watch this space although that won't be in the near future now.

Regarding your wonderful donations at my door, I recently sent off 8kg of pet food and 3kg of biscuit and cake wrappers and we have now reached our first £100 for PACT. Whilst it might not seem a large amount, it's an amazing achievement and equates to 13,858 items not in landfill. Keep it coming! Please note, you can now include the outer packaging of crisp multipacks along with the actual crisp and snack packets – it all adds to the weight. In these worrying times, some good news is welcome. Thank you so much and please, if you can, continue to drop off your snack, crisp, biscuit and cake packaging and pet food pouches.

In my last posting, I mentioned the new Facebook group, [Eco living in and around Wreningham](#). To date we have 113 members and would love more. I try to post useful articles and information - worldwide to local - at least twice a week and it gives me the opportunity to raise issues that can't wait for the next Mardle. It will also allow us to communicate without meeting which is vital at the moment. Check it out!

Stay safe, enjoy the fresh air.....Spring is on the way.

Many thanks, see you online or in the next issue. Val

JUSTIN STANGROOM - Just Paint & Decorate

Interior & Exterior Painting and Decorating. For more details: www.justpaintanddecorate.co.uk 07909338200
Excellent recommendations on Facebook: justpaintanddec

NEIL PRIOR Plumbing and Heating

For all your plumbing and heating requirements, full bathroom installations, established 20 years.
01508 489359 / I 07773 352494 .

Lost Control of Your Plot?

Contact Trevor, your local Green Gardener
On 01508 489253 or tdw2106@gmail.com

THREE SIXTY PROPERTY SERVICES

For all round home improvements and maintenance
Contact Chris Peachment on 01508 488275 or 07786 886351
Email: peachment360@gmail.com

DOMESTIC AL

Cookers; Dishwashers; Fridges/Freezers; Tumble Driers; Washing Machines. Electrical and Plumbing repairs too.
01508 481919 or 07855 966566
<http://www.domestic-al.co.uk>

YOGA WITH PAULINE

Ashwellthorpe Village Hall. Tuesdays 6 - 7.15pm (term time). f7.00 per class
Email: wildfish1@btinternet.com; Tel: 07 902 07 9852



at Wreningham Village Hall

Open to all
No membership
.... just come by and say hello

Every Thursday & Friday - Open from 8pm to 11pm

First Friday, every month - Family night open from 6.30pm

Second Friday, each month - Fish & Chip Night: Van serving from 5.30 - 8pm

- Upcoming Events -

ALL activities have been cancelled for the time being. Please see the Village website:

<https://www.wreningham.org.uk/>

or the Facebook Page:

@WrenVillageHall

or Notice Boards around the Village for news about possible reopening.

It may be possible for the Litter Pick to go ahead. Please check notice Boards and/or the village website nearer the date.